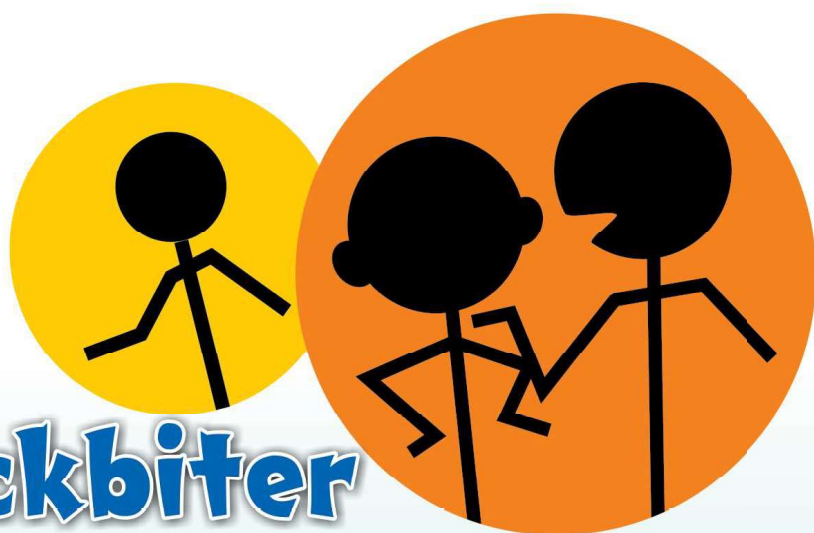


سُورَةُ الْهُمَزَةِ



The Backbiter

Theme:

The surah of evil Habits

BACKBITING: (هُمَزَةٌ)

When you say unkind words about someone who is not there.

SLANDERING: (لَمَزَةٌ)

Spreading things which are not true about someone not present.

Will surround the heart

تَطَّلِعُ عَلَى الْآفِنْدَةِ

Cursed

وَيْلٌ

Extended columns

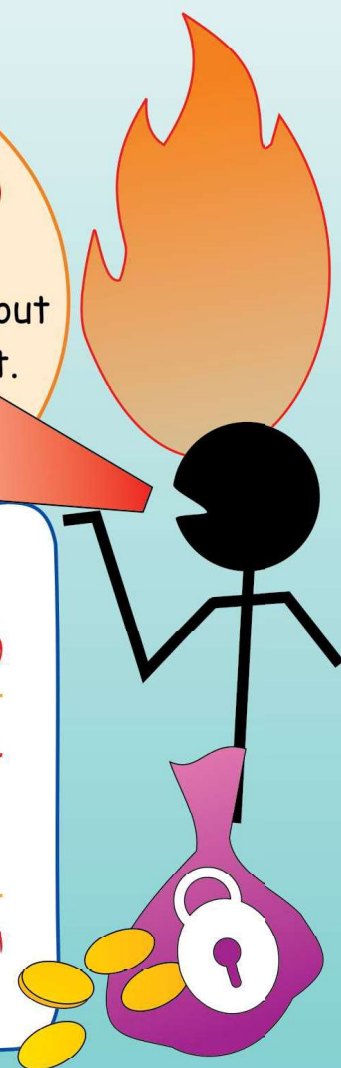
عَمَدٍ مُمَدَّدَةٍ

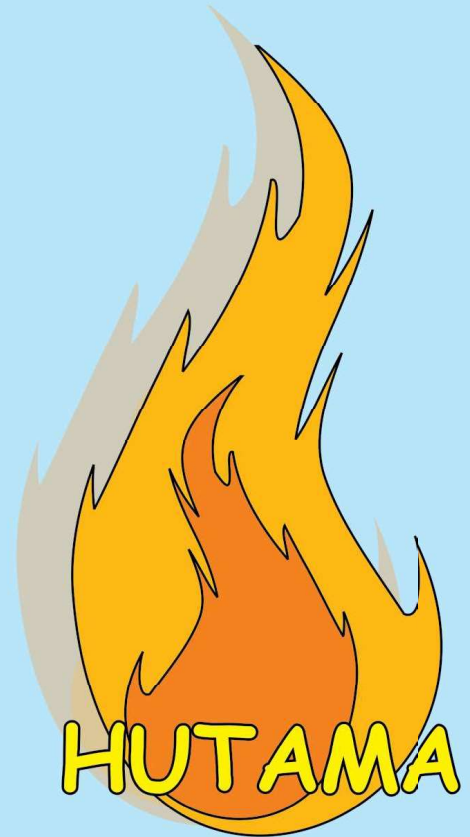
Collected money and counted

جَمَعَ مَالًا وَعَدَّدَهُ

Crusher

الْحُطْمَةُ





This surah tells us about three bad habits and their punishments.

Allah (ﷻ) tells us that every backbiter and slanderer will be punished. He too will be punished who gathers money and keeps counting it greedily. He thinks that this money will keep him alive forever, but that is not true.

Such people will be punished by being thrown into Al-Hutama - a crushing fire!

BAD HABITS

Bad habits are evil and our enemies like snakes. They take us far down in our standing in front of our Lord. In this game use a dice and you have to reach from point 1 to 25 without being bitten by the snakes.

21	22 	23 	24 	25
20 	19	18  Helping	17	16
11 	12	13 	14	15 
10  Helping	9 	8  Truthful	7 	6
1	2	3	4	5



BAD HABITS



What are bad habits?

My bad habits:

5 Step method to break a bad habit

1. The bad habit I want to change (one at a time)
2. When i do it and how it can be avoided?
3. Substitute the bad habit with one good habit
4. Names of friends / helpers around me to help me !!

5. Daily score 7 days:

Day	Score		
	I Failed	I Needed Help	I Did It Myself
Saturday			
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			



PRACTICAL TIPS

- We must not backbite.
- We must not slander.
- We must not be greedy for money.
- Remember money cannot protect us.
- We will be punished in the Hell fire if we do any of these things.

Evaluation

Answer the following questions

What is backbiting and slandering?

What is the punishment of evil habits?

