

سُورَةُ الضُّحَى

# The Bright Morning

**Theme:**

*The surah of Consolation in loneliness*

- In following the path of Allah (ﷻ), at times one might feel lonely as the surrounding may not support him or people make fun of him.
- At such a time one should remember that Allah (ﷻ) never leaves His servant alone so he should not be discouraged in his efforts, as the end will always crown his work.
- One should remember the blessings of Allah (ﷻ) on him, trust in Allah alone and keep on struggling on the right path.
- He should always be kind and helpful to those who are less blessed than him in any respect and so strengthen his faith.

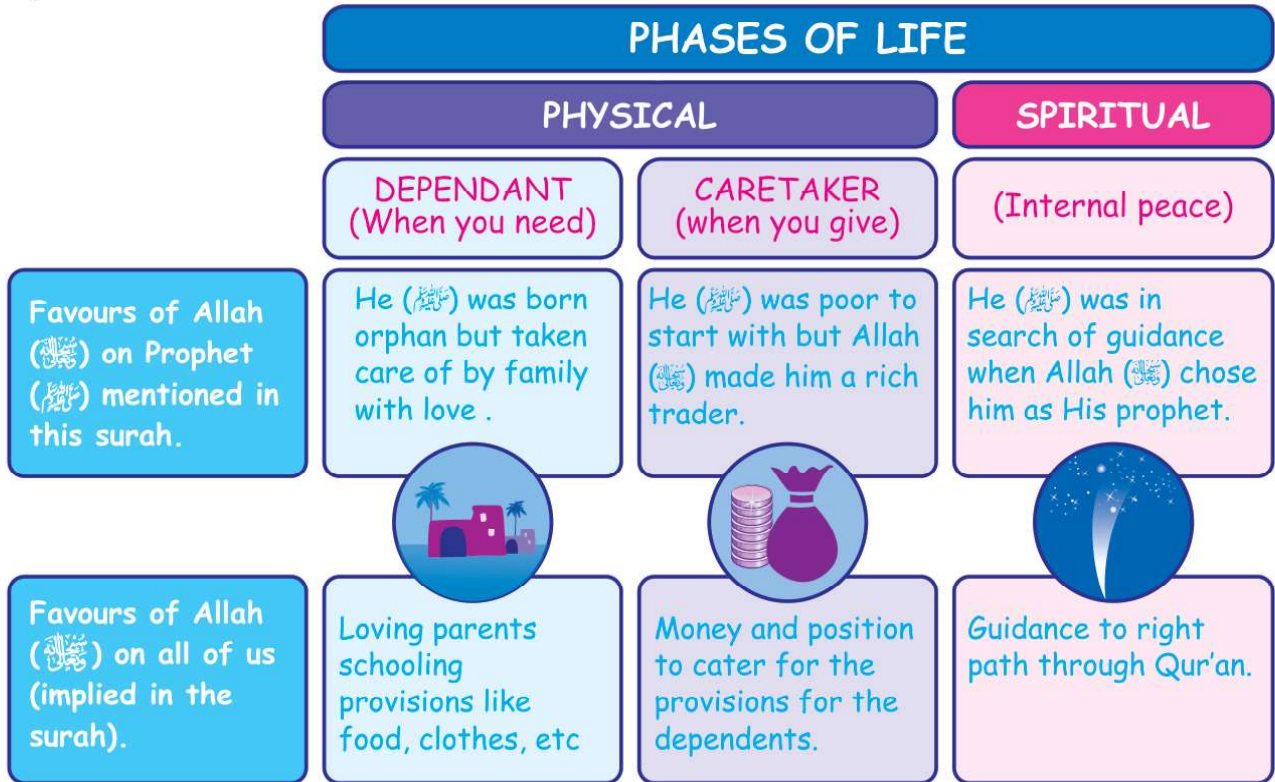
## PRACTICAL TIPS

Allah (ﷻ) wants us to understand that like the night and day follow each other, sad and happy times too follow each other. In sadness one needs to count the blessings that Allah (ﷻ) has given to him and be patient, while when happy one should thank Him and share the goods with those in need.

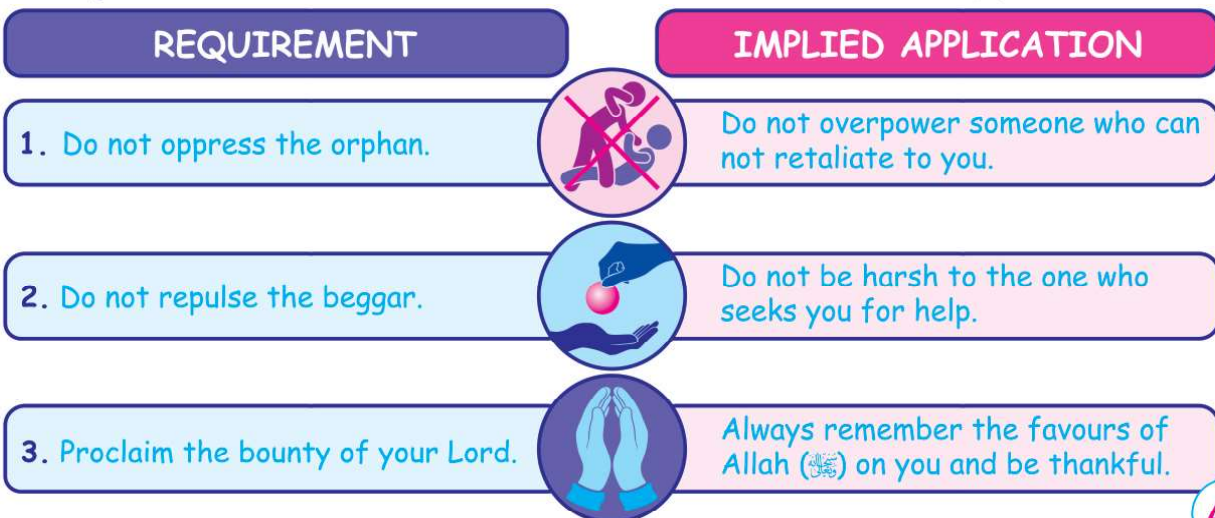
# Deep Analysis of Surah Ad-Duha (Bright Morning)

This surah mentions three types of favours of Allah (ﷻ) in different phases of life and then describes three requirements in return of these favours.

## 1) Phases of life and Favours:

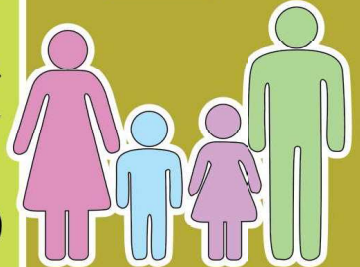


## 2) Requirements in return of the favours of Allah (ﷻ):



# Count the blessings

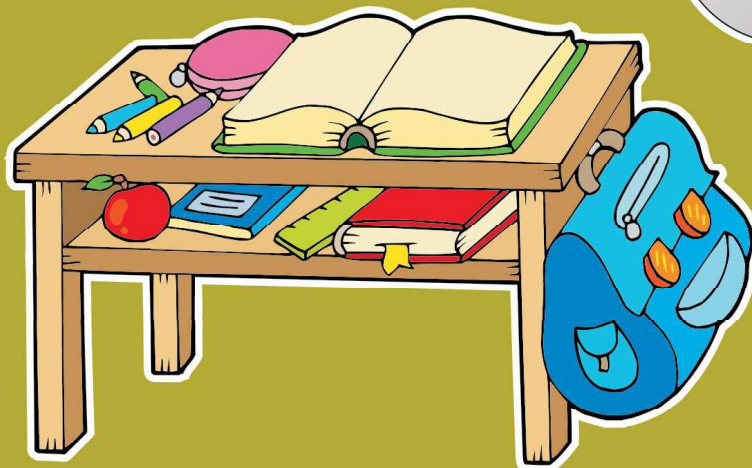
When you are sad count the blessings of Allah (ﷻ) on you. In the following puzzle find out the hidden blessings.



S	O	O	Y	S	R	M	W	D
R	E	W	O	Y	O	H	O	L
E	G	D	E	L	W	O	N	K
H	H	L	K	I	F	U	O	H
C	G	I	S	M	N	S	O	A
A	N	Y	O	A	O	E	Q	U
E	O	N	R	F	C	E	Y	O
T	N	U	Y	R	U	L	E	S
O	Q	H	L	G	U	E	E	E

## FIND:

1. FOOD
2. HOUSE
3. FAMILY
4. TOYS
5. KNOWLEDGE
6. TEACHERS
7. QUR'AN



# Evaluation

Answer the following questions

Why one feels lonely in following the way of Allah (ﷺ) ?

What should Allah's (ﷺ) servant do in times of lonely feelings ?

