

## Theme:

### The surah of Consolation in loneliness

- In following the path of Allah (∰), at times one might feel lonely as the surrounding may not support him or people make fun of him.
- At such a time one should remember that Allah (\*\*) never leaves His servant alone so he should not be discouraged in his efforts, as the end will always crown his work.
- One should remember the blessings of Allah (%) on him, trust in Allah alone and keep on struggling on the right path.
- He should always be kind and helpful to those who are less blessed than him in any respect and so strengthen his faith.

#### PRACTICAL TIPS

Allah (ﷺ) wants us to understand that like the night and day follow each other, sad and happy times too follow each other. In sadness one needs to count the blessings that Allah (ﷺ) has given to him and be patient, while when happy one should thank Him and share the goods with those in need.

# Deep Analysis of Surah Ad-Duha (Bright Moming)

This surah mentions three types of favours of Allah ( 🍇 ) in different phases of life and then describes three requirements in return of these favours.

1) Phases of life and Favours:

#### PHASES OF LIFE

#### PHYSICAL

#### CARETAKER (Internal peace)

#### SPIRITUAL

DEPENDANT (When you need)

He (趣) was born orphan but taken care of by family with love .

He (趣) was poor to start with but Allah ( made him a rich trader.

(when you give)

He (過) was in search of guidance

when Allah ( ) chose him as His prophet.



Favours of Allah (機) on all of us (implied in the surah).

Favours of Allah

(艦) on Prophet

this surah.

(趣) mentioned in

Loving parents schooling provisions like food, clothes, etc

Money and position to cater for the provisions for the dependents.

Guidance to right path through Qur'an.

2) Requirements in return of the favours of Allah ( ):

#### REQUIREMENT

#### IMPLIED APPLICATION

1. Do not oppress the orphan.



Do not overpower someone who can not retaliate to you.

2. Do not repulse the beggar.



Do not be harsh to the one who seeks you for help.

3. Proclaim the bounty of your Lord.



Always remember the favours of Allah ( on you and be thankful.

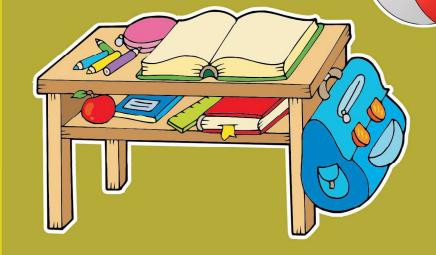
# Count the blessings

When you are sad count the blessings of Allah (ﷺ) on you. In the following puzzle find out the hidden blessings.



#### FIND:

- 1. FOOD
- 2. HOUSE
- 3. FAMILY
- 4. TOYS
- 5. KNOWLEDGE
- 6. TEACHERS
- 7. QUR'AN



# Evaluation

## Answer the following questions

Why one feels lonely in following the way of Allah ( )?

What should Allah's (%) servant do in times of lonely feelings?