

سُورَةُ الْفَجْرِ

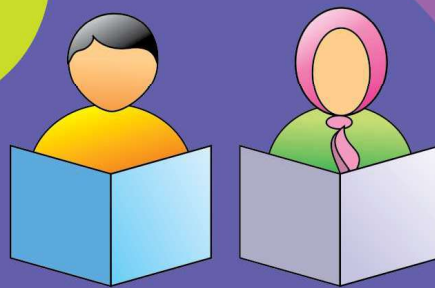
The Dawn

Theme:

The surah of Test

- Allah (ﷻ) tells us to look at the morning and the night and to understand that just like the morning and the night, we face good or bad times in our life but these are our **tests**.
- If we have more to enjoy that does not mean that Allah (ﷻ) is happy. Instead this is our test to check whether we are **thankful** to Allah (ﷻ) or not.
- If we have less to enjoy that does not mean that Allah (ﷻ) is angry. Instead, this is our test to check our **patience**.
- Allah (ﷻ) will be happy with us if we share with others when we have more; and be patient and ask Him for help when we have less.
- Allah (ﷻ) gives us the example of the people of Aad, Samood and the Firoun who had a lot to enjoy but they became thankless and cruel; so Allah (ﷻ) punished them for their sins.
- Allah (ﷻ) tells us that those who remember Allah (ﷻ) in all times (good or bad), will be called by Him happily to live in the bliss forever.

Working with the surah:



Learn these Ayats:

And as for man, when his Lord **tests** him and (thus) is generous to him and favors him, he says "my Lord has honored me".

فَأَمَّا الْإِنْسَانُ إِذَا مَا ابْتَلَاهُ رَبُّهُ فَأَكْرَمَهُ
وَنَعَّمَهُ فَيَقُولُ رَبِّي أَكْرَمَنِ ط

And when He **tests** him and (thus) restricts his provisions, he says "my Lord has disgraced me".

وَأَمَّا إِذَا مَا ابْتَلَاهُ فَقَدَرَ عَلَيْهِ رِزْقَهُ
فَيَقُولُ رَبِّي أَهَانَنِ ح

PRACTICAL TIPS

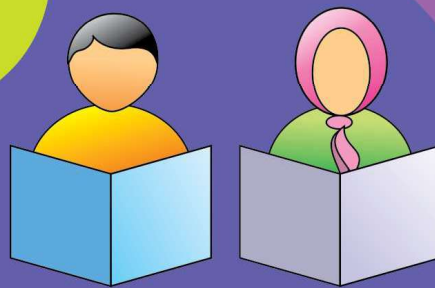
In life every situation is a test

- If we have more to enjoy we should be
- thankful to Allah (ﷻ).
- If we have less to enjoy we should be

Levels of Inner Self - Nafs



Working with the surah:



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PRACTICAL TIPS

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- If we have more to enjoy we should be
- thankful to Allah (ﷻ).
- If we have less to enjoy we should be

Situations

Life is a series of situations. Some appear good to us others appear as bad. In fact no situation is good or bad but in reality are a test for us from Allah (ﷻ). In the following activity match the situation with the required responses.



1. You get 90% marks in exam.
2. Your brother is playing with your toy.
3. Your father asked you to stop playing computer games.
4. Your mother has cooked the food you wanted most.
5. On dinner table you find the food that you disliked the most.
6. Your brother is wearing your favorite T-Shirt
7. Your father wakes you up for Fajr prayer.
8. You get an extra time in school lunch break.

Evaluation

Answer the following questions

What should one do in the moments of enjoyment?

What should one do in the moments of sadness?

