

سُورَةُ الشَّمْسِ The Sun

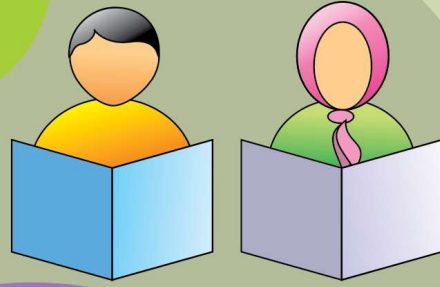
Theme:

The surah of Inner Self

- Allah (ﷻ) asks us to look around and see the opposites around us like the sun and the moon, the bright day and the dark night, the high sky and the earth spread.
- Just like these opposites, our actions also bear opposite results.
- Allah (ﷻ) says that our inner self (soul) has been made without fault and that it knows the right and the wrong.
- So anyone who will purify his inner self with good actions (following the Prophet ﷺ) will be a winner.
- While anyone who will spoil his inner self with bad actions (denying the Prophet ﷺ) will be a loser.
- Allah (ﷻ) gives us the example of the Samood people who denied their prophet. They had to face the anger of Allah (ﷻ) and were destroyed because of their sin.



Working with the surah:



Learn these Ayats:

And (by) the soul and He (Allah ﷻ) who perfected it.

وَنَفْسٍ وَمَا سَوَّاهَا ۚ لَاصٍ ۚ

Then inspired it, its wickedness and its righteousness.

فَالْهَمَّهَا فَجُورَهَا وَتَقْوَاهَا ۚ لَاصٍ ۚ

So truly he is successful who purifies it.

قَدْ أَفْلَحَ مَنْ زَكَّاهَا ۚ لَاصٍ ۚ

And truly he has failed who buries it (in darkness and corruptions).

وَقَدْ خَابَ مَنْ دَسَّاهَا ۚ ط

PRACTICAL TIPS

We need to keep our souls clean by following the Prophet (ﷺ) in everything that we do because that is the way Allah (ﷻ) likes it to be and only then we can expect Heaven.

Following our desires forgetting Allah's (ﷻ) commands will spoil our souls and take us to hell.

CROSSWORD PUZZLE

Fill the Crossword Puzzle with the help of Hint Given Below

The crossword puzzle grid is as follows:

- 1. W _ _ _ N
- 2. _ _ _ N
- 3. M _ _ _
- 4. _ _ _ D
- 5. C _ _ E _ _ N
- 6. _ _ _ E _ _
- 7. _ _ _ R _ _ _ G _ _
- 8. _ _ _ N _ _

Think of the opposites of the words given below and then complete the puzzle.

- 1. Man
- 2. Right
- 3. Sun
- 4. Bad
- 5. Dirty
- 6. Sky
- 7. Dark
- 8. Day

Evaluation

Answer the following questions

Look around yourself and make a list of five opposites in nature around you.

How could one purify or spoil his inner self?

